

Dear Thuy,

I cannot wait to have you on campus next week. You've made another important step on your academic journey by enrolling in winter classes despite other challenges you may face with work and family.

As First-Gens, my college friends and I still talk today about how we should have taken advantage of the vast campus resources when we were in college.

Foothill has excellent resources to help you along the way. <u>Financial Aid can help you find scholarships</u> and grants, and <u>EOPS</u> can help you apply for book voucher. <u>Psychological Services</u> is on hand if you're feeling overwhelmed. Make sure to pick up an <u>Owl Card</u> to get great discounts on and off campus, and an <u>Eco Pass for unlimited VTA rides</u>. If you're struggling in a class, you can make an appointment with a <u>counselor</u> or <u>tutor</u>. Did you know the <u>STEM Center</u> is now open on Sundays?

I also encourage you to find your place in the Foothill family. <u>Join a club</u> or start your own. Read my column in <u>The SCRIPT</u> about Service Leadership projects. <u>Check the calendar for on-campus events</u> and attend as many as you can to meet your fellow students.

On Friday, January 26, I'll be hosting an informal gathering with First-Gen students and faculty/staff. We'll talk about our own college experiences like that embarrassing moment I ordered at a restaurant for the first time and did not know how. Join me for some story-sharing and enjoy some snacks. Check this website for location and time (including Skype information if you want to join online): foothill.edu/thefirst

If you still need an "I'm First" button, please drop by the Administration Building (1900) and grab one.

Good luck this quarter! Remember, #YouGotThis! We at Foothill are here to help you achieve your goals.

Warmly,

Thuy Thi Nguyen President foothill.edu