

Feb. 11, 2021

Dear Colleagues,

As we get ready to embark on a well-deserved four-day break, the Parliament cannot help but meditate on the importance of self-care. Foothill College is an aspirational campus. We are always looking to get better at everything we do, but this hard work and commitment does take a toll on our physical and mental health. Recently, **major studies** have shown that walking for 30-45 minutes each day can make a huge difference to your well-being. Schedule daily walks and use them as an opportunity to connect with your family and friends. You can also join your colleagues for the weekly Walks and Talks.

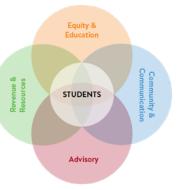
The FHDA District also has lots of resources to help you with the stress and strain of everyday life. Please check out the **Employee Assistance Program** for information on counseling and mental health support.

Governance Updates

Resource & Revenue Council

The R&R Council met on Feb. 5 and discussed use of carryover funds from the B budget and possible allocation of a portion of those funds to equity initiatives. It was decided to reach out to find out more about how the Foothill College community feels about this matter and bring back those opinions to the March meeting.

Additionally, the council voted to approve the STEM Division and Science Learning Institute's proposal to



pursue action on bringing a MESA program to Foothill College. And we heard an update on completion of the 500K POWER grant from Lené Whitley-Putz.

What's Happening Next Week?

Monday, Feb. 15

<u>Campus Closed</u>

Tuesday, Feb. 16

- <u>Virtual Yoga Flow</u>
- Fund the Future Presents: Evelyne Keomian

- Black Love Is...
- Inter Club Council Meeting

Wednesday, Feb. 17

- ASFC Student Concerns Town Hall
- Sol Affirmations with Karega Bailey
- <u>Research & Service Leadership Symposium Workshops</u>
- <u>Cal Grant Workshop</u>

Thursday, Feb. 18

- Ask Outreach Chat Hour
- ASFC Campus Council Weekly Meeting
- Artwork & Lecture with Cynthia Brannvall

Friday, Feb. 19

- "You Are the New Ancestors"
- Transfer Workshop

View all Black History Month events

Elizabeth Barkley Selected for 2021 Terry O'Banion Prize

Music history professor **Elizabeth Barkley, Ph.D.**, has been awarded the League for Innovation in the Community College "Terry O'Banion Prize for Inspiring Significant Change to Teaching and Learning." Dr. Barkley was selected as the winner due to her lifelong commitment to and excellence in teaching and learning. Congratulations!



Media Studies Professor Screens Film at Festival



Media Studies professor **Eduardo Rufeisen** recently showed his latest film, "The Decisive Moment," at the <u>Cambria Film</u> <u>Festival</u>. The film is about the creative process and the tension between reason/planning and intuition/inspiration in the creation of lasting statements about the human condition.

RadTech Students Place at National Conference

Students in instructor **Melissa Wu's** research class in the Radiologic Technology Program placed first, second and third in the literature review poster competition at the national Association of Collegiate Educators in Radiologic Technology (ACERT) conference. These students will share their projects at the RSL Symposium.

CONGRATS TO STUDENT POSTER WINNERS

First Place Augmented Reality: Innovations in Selena Ruiz Jaspar Trinidad

nda lege

il-Energy CT: The Future of Diagnosti ii Nguyen jard Mendez ole Belknap lecreasing Magnification in Trauma Ime eronica Nield elaey Hagerty ydney Lammers Jaho State University ando Ilaeco

iffects of Collimation in Fluoroscopy Exams ydney Smyer Irooke Anger fyler Cunningham daho State University

Third Place Scatter Radiation Received at the Console McKinnley Trappett Mikaila Tanner Marisa Hasebi Idaho State University

Become a Mentor for the RSL Symposium

More than 50 students are actively engaged in projects for the **RSL Symposium**, and many are still seeking mentors. A mentor can be instrumental in guiding students through the process of conceiving, planning, collaborating, executing, concluding, and presenting the results. Most mentors work with their student partners up to an hour per week, perhaps more as the symposium date approaches. This varies depending on the student, and the project.

The Symposium itself will be held on May 20. If you are interested in becoming a mentor or just want more information, please contact:

Allison Herman, <u>hermanallison@fhda.edu</u> or Michael McCusker, <u>mccuskermichael@fhda.edu</u>

Foothill Walks & Talks

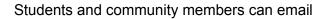
Foothill Walks & Talks is back! The podcast for your walk this week is "<u>The Easiest Person to</u> <u>Fool</u>" from the Hidden Brain (Feb. 1 episode).

To record your walks and encourage your colleagues, join the Foothill Walks & Talks group on Strava.

Then, join us on Friday, Feb. 19, from 5-6 p.m. for a <u>Happy Hour</u>. BYO beverage and one thing you found interesting from the podcast.



Dental Hygiene Clinic Accepting Appointments







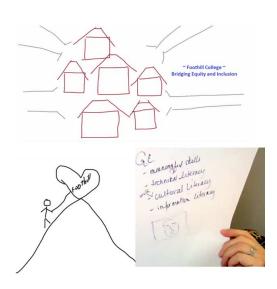
dentalhygieneclinic@foothill.edu to make an appointment at the dental hygiene clinic.

Dental cleanings and x-rays are free for Foothill students. For hours and more info, visit the <u>website</u>. You can also watch this helpful <u>video</u> that explains the clinic's services.

What Will Foothill Look Like in 2030?

Teresa Ong, Associate Vice President of Workforce & CTE, asked us to draw responses to this question at the recent President's Briefing. The results were interesting!

Counselor **Clifton Der Bing** added more bridges of equity and inclusion. Online Learning Dean **Lené Whitley-Putz** talked about meaningful skills and multicultural literacy. Please continue to participate in the ongoing conversations around Educational Master Plan 2030 and what our college will look like in the future.



Academic Senate Resolution in Support of Foothill College's Strategic Vision for Equity

Academic Senate has approved a resolution in support of the college's Strategic Vision for Equity. The resolution states in part: "we recognize that Foothill College faculty have long championed student equity and have worked tirelessly in an attempt to disrupt the historical, systemic racism that causes the persistent, identifiable, predictable, race-based differences in educational access and outcomes for our students (i.e. the "equity gap"), and formally expressed this commitment to equity work in our "Equity Resolutions" of June 2020 that passed unanimously, including "Faculty Leadership in Foothill College's Strategic Equity Plan," "Anti-Racism Leadership at Foothill College," and "Faculty Leadership around Foothill Campus Climate..."



Read the <u>Academic Senate resolution</u> in support of Foothill College's Strategic Vision for Equity.

Emergency Relief Fund Available

Students who have been impacted by the pandemic can apply

for emergency relief support from the college. Please encourage students to fill out this short <u>application</u>. All requests will be reviewed and we will contact students as soon as possible.



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