

## SESSION A – 10:30AM-12:00PM (15 Workshops)



How to Create a Culinary Arts Learning Center—Learn how to create and set up a culinary arts learning center in your early care and education program. Cooking gives children hands on science and math skills. The children will also learn about nutrient-dense eating through the 12 hands-on cook activities that you will be provided with to take back and begin your own culinary arts program. Katrina Morkner, Room 3101

Let Me Fly: Appreciating Differences—Attendees receive a comprehensive Lesson Plan: **Appreciating Differences**. Activities promote appreciating similarities and differences, enriching vocabulary, writing and understanding empathy. A. Volta will share her children's fable, Patulous the Different Caterpillar which provides a forum for discussing how we facilitate mending hurt feelings in the classroom and playground. The transformational story enhances each teacher's passion to inspire each child to hope and dream for a fabulous future. Anita Volta Reid & Karen Jensen, Room 3307

!La diversidad es un atributo positivo!— Como evaluar sus propias experiencias y maneras de pensar sobre la cultura. Crear planes para hablar con niños y familias sobre el vivir en comunidades multiculturales. Cuáles son las dichas y dificultades de vivir en comunidades multiculturales. Maria Gomez, Family Day Care Provider, Room 3106

I'M ME BY THREE! Building Healthy Bodies, Minds and Understandings in Children Birth to Three- West Ed's Program for Infant & Toddler Development Six Essential Policies of Quality Care—This workshop is a hands-on experiential workshop for providers and parents to support an understanding for and appreciation of the perspective of young children as they grow in the first three years. The participants will explore how to read babies' messages, talk to parents and respond in a mentally healthy manner in their support of the "whole child" through their physical, cognitive and social emotional development. Penelope Blair, Room 3015

Understanding the Current ECE Landscape—The early care and education field has seen a tremendous amount of growth over the last 10 years. This workshop will focus on trends and initiatives at the national, state and local levels. The current efforts to develop a Quality Rating System in California will be discussed in depth. George Philipp, Room 3404

Everybody Clap! Interactive Storytelling with Japanese Paper Theater—Award-winning author, Hazuki Kataoka, demonstrates how the traditional Japanese storytelling format kamishibai (paper theater) transforms story time into a creative, multicultural experience for all ages. Participants will see how performing kamishibai is easier than reading a picture book, gain new techniques for visual storytelling, and discover the rich history behind this forgotten format. Hazuki Kataoka and Julie Schmidlen, Room 3305



Music and Movement—Award winning children’s song writer and performer, and founder of Heritage Music and Arts, Juliette McDonald, will offer music and movement ideas with her original and traditional music for all ages. This is a participation workshop so bring your smiles and voices and dancing shoes...We will teach songs, show you prop ideas, and introduce you to many musical materials...fun for all ages. Juliette McDonald & Susan Kessey, Room 1401

Why Kids do the Crazy Things They Do and Why it Drives Us Crazy—Understanding the belief behind the behavior and why kids do the things they do will help all teachers be prepared for the classroom experience. Learning criteria for discipline that teaches, and deciding to do no harm—but rather teach children what they need to learn in order to get along better are the objectives of this workshop. Laurie Prusso, Room 3103 (This workshop will be repeated in Session B.)

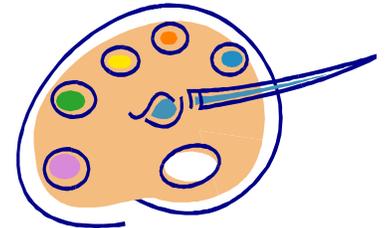
Problem Solving Across the Curriculum—Get your thinking caps on and roll up your sleeves -- experience several different types of problem solving. From building various structures to making mazes with different materials; from social problem solving to being detectives and asking questions; from solving math problems to scientific investigations; this workshop focuses on fun, thought provoking activities for 4’s and older 3’s. Ruth Wachob, Room 3525

Practical Language Tips for Communicating with Toddlers and Preschoolers—Participants will practice activities for dealing with toddlers' emerging language and desires by modeling and giving them simple choices. They will enable preschoolers to gain self-esteem by encouraging good behavior with descriptive praise. The presenters will provide models, sample language, and role-play activities for native and non-native English-speaking child care providers. Marsha Chan, Julaine Rosner & Marianne Brems, Room 3203

Thinking BIG, Learning BIG: Connecting Science, Math, Literacy and Language in Early Childhood—Learn how the excitement of BIG (yet practical) activities can energize your whole curriculum while meeting standards. Using inquiry-based science to connect math, literacy, art, drama and movement engages children and builds skills. See how it’s possible to do large-scale activities even in small classrooms with limited time and money. Marie Faust Evitt & Tim Dobbins, Room 1601

Education in the Context of Early Care—The educative features of early care (from infancy through preschool years). Development of intelligence and the importance of the factors involved. How early care providers work with parents to set goals for the education of the young children. Mali Chekeni & Rava Chekeni, Room 3304

Exploring Fine Artists—Introduce your young artists to the works of DaVinci, Monet, VanGogh, Matisse and Pollock. Learn how to unveil their artistic talent. You will leave this module inspired to open the door to the amazing world of fine arts. Mimi LaCorte and Erin Parkes, Room 3303

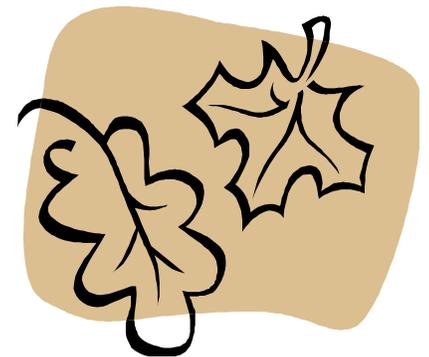


Educational Play: The Creative Process and its Connection to Brain Development—

This is an interactive workshop designed for parents and educators working with young children. Holding on to thoughts such as ‘play is a window into the child’s world’ and ‘play is the work of childhood’ the workshop will address the need to understand the importance of play-based learning experiences in the ‘Early Childhood Classroom’. The workshop brings about the importance of play as a valuable learning tool. The creative process and the connection between play based multi-sensory experiences and brain development will be explored in depth. The major focus of this workshop is to educate the whole child, through a variety of well-planned play based experiences. Ranjana Bhatnagar, Room 3402

Children, Nature and You: What is Working for You?—A Roundtable Sharing of Ideas—

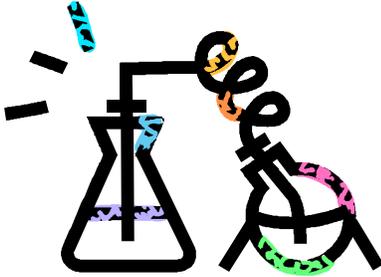
Since 2005, when Richard Louv published his groundbreaking book “Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder” there has been a growing interest in the developmental importance of outdoor play and the joy and wonder of introducing young children to the natural world. You are invited to come and share how *you* have found ways to introduce Nature to the children in your care, and to be inspired by also hearing from your fellow participants. Everyone will leave this workshop with a portfolio of resource materials. Roy & Diane Gordon, Room 3206



## **SESSION B – 1:15-2:45 PM (11 Workshops)**

Art is Smart!—Learn how developmentally appropriate art can become one of the best vehicles for supporting critical thinking and problem solving skills that are crucial to later, more formal learning. Through hands-on experiences participants will be guided through the processes that are involved in this kind of skill building. Discussion will include closed-ended art versus open-ended, process oriented art and the implications and messages they send children. Cherida Gruenfeldt, Room 1601

Finding the Hidden Treasures in Your Name—In this lively interactive workshop you will explore how our birth names provide an important link to family, culture and community. Discover the hidden treasures in your name and learn how to use this activity with young children to support diversity, culture competence, creativity, self-esteem and language and how it can be used as an effective team building activity for adults. Sheila Smith, Room 3305



Fun Science for Young Kids—Learn how to introduce science to young children using fun, hands-on experiments and activities, with no science experience, training, or genius required. You'll leave knowing several easy activities you can do right away with household and easily-obtainable materials, and things to keep in mind when introducing kids to the world of science. Love or hate science, you'll have fun! Mike Gardiner, Room 3201

Bridging the Teacher - Therapist Divide—Teachers and therapists both work with young children but they often describe and support a child's challenges in different ways. Join us to discuss how both professionals can work effectively together to build a child's skills. Gayle Mayekawa & Lisa Kaplan Shaanan, Room 3303

Is It Bullying or Something Else?—Participants will take away strategies for working with challenging behaviors and develop empathy and community in their child care program. We will explore the importance of supporting the “bully” the “bullied” and the “witness” and assisting children in skills in peaceful problem solving and conflict resolution. Wilma Gold, Room 3206

Multicultural – Much More than Holidays—Engaging multicultural activities you can use throughout the curriculum, all year long. Learn how to create authentic multicultural activities tailored to *your* students, as well as stories to act out (including anti-bias), songs, dances, games, crafts and even some holiday ideas; appropriate for 4's, 5's, and older 3's'; tape recorders welcome. Ruth Wachob, Room 3525



Skills Needed to be a Successful Provider—Learn essential skills such as setting up your site, preparing contract and how to make your professional folder. Participants will learn how to market their business to the right type of clients and the importance of client satisfaction and how to obtain referrals from current clients, and much more. Maria Gomez, Family Day Care Owner, Room 3106

Learning and Loving: A Dialogue on New Perspectives to Infant / Toddler Learning, Development and Care—“Learning and loving are not so far apart as we once thought they were.” This quote from Reggio Emilia educator, Carlina Rinaldi in the WestEd Program for Infant Toddler Care (PITC) DVD New Perspectives is the inspiration for this workshop. In addition to viewing this innovative resource, participants will be presented with recent research findings, new

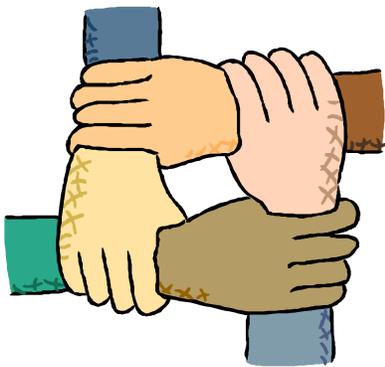
approaches to child care practices and international perspectives that re-define the role of adults (parents, infant care teachers and society) in the lives of babies. Chris Carducci, Room 3101

Talking about God with Young Children—Participants will learn how to communicate with young children about God. Young children are at the earliest stages of spiritual development and have an evolving sense of God. It is our job to create a comfort zone in which to talk about God. Sherrie Rose Maleson, Room 3301

Why Kids do the Crazy Things They Do and Why it Drives Us Crazy—Understanding the belief behind the behavior and why kids do the things they do will help all teachers be prepared for the classroom experience. Learning criteria for discipline that teaches, and deciding to do no harm—but rather teach children what they need to learn in order to get along better are the objectives of this workshop. Laurie Prusso, Room 3103 (This workshop is a repeat from Session A.)

From Chaos to Comfort: Creating a Safe Haven for Stressed-out Children—Is it Attention Deficit Hyperactivity Disorder or Post-Traumatic Stress Disorder? Learn how many challenging children are actually suffering from the ways their brains were wired in infancy. Discuss how the brain develops, and how to work with children who have low impulse control, short attention spans, and few social skills. Examine the importance of attachment and how the fear continuum keeps children from learning. Find new ways to teach impulse control through games and music/movement. This workshop will be repeated in Session C. Pam Gingold, Room 3304

### **SESSION C – 3:00-4:30 PM (11 Workshops)**



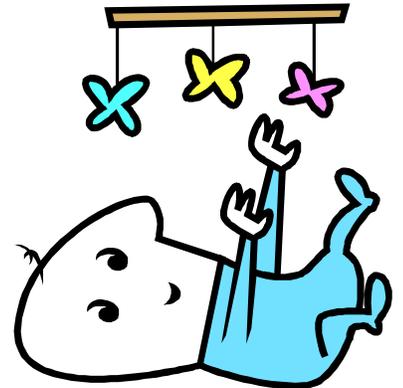
Exploring a Multicultural Curriculum: What does it mean and how do you do it?—

Let's explore the meaning and practice of a multicultural curriculum as educators of young children. How can you develop a foundation for the child's understanding of the concepts "community" and "global awareness" as well as provide curriculum that is reflective and inclusive of each student's unique background? Copies of a bibliography (relevant to multicultural children's literature), papers defining "multicultural" terms, samples of curriculum ideas, etc. will be shared. Linda White, Room 3308

Discovering Your Garden Through Your Five Senses--Fill your senses with the plants in your garden. Then use this as a sensory skill project for the children. Many new and fun projects presented and you take them with you, instruction sheets and all! Theresa Stewart, Room 3015

Gardner's Theory of Multiple Intelligences and its Connection to the Theory of Emotional Intelligence—An interactive workshop designed for parents and educators working with young children. All children have different learning styles; Gardner's concept of Multiple Intelligences suggests that there are several intelligences not just one or two. The eight intelligences as described by Howard Gardner, and the concept of 'Emotional Intelligence', will be explored through open dialogue. The workshop will also discuss strategies as to how parents and educators can use the Theory of multiple intelligences' and the 'Theory of Emotional Intelligence' to create an emotionally secure and optimum learning environment for young children. Ranjana Bhatnagar, Room 3402

Infant Sensory Experiences—This workshop is designed to offer a variety of sensory activities for infants aged six weeks to two years. You will have an opportunity to learn some activities, songs and more through interactive hands-on experiences that you will be able to take back to your classroom or home and use on Monday. Darcy Howard & Lynda Annison, Room 2313 (Hearthside Lounge-downstairs by bookstore)



Peace Education and Sustainability—Participants will explore the connection between how we care for the earth and for each other. They will learn strategies to help children develop empathy and responsibility for the earth and all that live on it. Participants will take away Recycle, Reuse, Reduce activities for classrooms, gardening, animal care for young children, and peaceful problem solving, classroom community building and conflict management skills. Wilma Gold, Room 3206



From Chaos to Comfort: Creating a Safe Haven for Stressed-out Children—Is it Attention Deficit Hyperactivity Disorder or Post-Traumatic Stress Disorder? Learn how many challenging children are actually suffering from the ways their brains were wired in infancy. Discuss how the brain develops, and how to work with children who have low impulse control, short attention spans, and few social skills. Examine the importance of attachment and how the fear continuum keeps children from learning. Find new ways to teach impulse control through games and music/movement.

Pam Gingold, Room 3304

Overview of CARES 2.0—This workshop will provide an overview of the CARES 2.0 Program. This program supports early educators who are pursuing a college degree at a participating college (Canada, DeAnza, Foothill, Gavilan, Mission, San Jose City, San Jose State, National Hispanic University or West Valley). CARES 2.0 staff will review the program, enrollment requirements and how to apply for a stipend (cash incentive). George Philipp, Room 3404

Partnering with Parents: Supporting Challenging Children—In this workshop, we will discuss effective strategies for partnering with parents to support challenging children, including best practices for parent-teacher meetings, communicating with parents about daily battles, and how to use a strengths-based perspective to frame the discussion. We will also discuss working with families who do not recognize their child's behavior as challenging, those who believe the behavior only arises in the school setting and is best addressed by the teacher, or those who struggle with managing challenging behavior at home. Heidi Emberling, Room 3403

Sharing Early Literacy Knowledge with Teachers—We will explore the developmental stages of early literacy. We will look at ways to set up areas in the room to support the children's development. And we will also explore activities that will promote Early Literacy Skills. Lorna Knight, Room 3401



Who Has Inspired You? Are You Ready to Inspire Others?—Join us as we discuss mentoring in Early Childhood Education. You will be given information about the California Early Childhood Mentor Program and a panel of mentor teachers will share ways they help other teachers grow in their profession. Claire Koukoutsakis and Annie Deckert, Room 3103

Middle Eastern Music Movement and Dance for Children—Bring some spice to your classroom; have your children shimmy and shake their hips to the music of Egypt, Persia, Turkey, Armenia and North Africa. Experience the rich cultural music of the other side of the world. Marzieh Gachipour, Room 1401

Partnering with Parents Around Play—Through a variety of hands on activities and small/large group discussions, participants will learn to re-think their own perceptions about how parents view young children and play. Particularly, the group will see why adults outside the field of Early Care and Education do not view play the same as those within the field and that our own thoughts may be holding us back as we try to explain the value of play. We will have an opportunity to examine the common adult perception of play as frivolous and begin the work of making the value of play transparent to others. Libby Galt & Mimi Reggiardo, Room 3203