

2009 Foothill College Summer Water Polo Camp

Our philosophy:

Foothill College Water Polo Camps offer outstanding coaching by motivated, energetic directors and staff whose sole mission is to stimulate your love for the sport of water polo in a positive and healthy environment. At the conclusion of camp, our goal is to have each camper come home with experiences that enrich the quality of their play through a better understanding for the sport.

Who:

Boys and Girls 10-18 years of age

Where:

Foothill College Aquatic Center
12345 El Monte Rd
Los Altos, CA 94022

When:

August 10-13	9:00am-3:00pm
August 14	9:00am-12:00 noon

Cost:

\$200.00, includes Foothill Backpack, Camp T-shirt, Water Polo Ball, & Water Polo Cap
Checks payable to Foothill College

General Information:

The camp will be divided by ability level and will feature instruction for both the novice and advanced player. Daily activities include: passing, shooting, and ball handling drills, offensive and defensive strategies of the game, and team concepts. Specialty positions will be coached as well. Other activities will include video analysis, discussions on conditioning and nutrition and tournament play.

REGISTER EARLY - space is limited to 80 participants and the camp fills up every year, so sign up now!!

Download registration materials @ www.foothill.edu/ath/waterpolow/camps.php or call (650) 949-7663 for more information.